



## Level 2 Award in Activities First Aid

QCF Code: 500/9915/2

### DESCRIPTION

This Level 2 qualification is made up of two units including Emergency First Aid at Work.

It is specifically designed for those who are involved in any form of activity, including sports, leisure and recreation.

Not only is Basic Life Support included, but many other First Aid conditions are also covered, making this qualification very comprehensive.

### DURATION

A minimum of 12 contact hours in the classroom, consisting of practical and theoretical activities, plus an assignment and some pre-course activity could be required.

### SYLLABUS

A range of subjects is covered including:

- Responsibilities and reporting
- Assessment of the situation
- Dealing with an unresponsive casualty
- Basic hygiene in First Aid
- Fractures
- Angina and heart attack
- Electrical injuries
- Heat and cold
- Resuscitation
- Heart attacks
- Minor injuries
- Bleeding control
- Head injuries
- Diabetes
- Spinal injuries
- Drowning injuries
- Angina
- Choking
- Seizures
- Shock
- Asthma
- Burns

### CERTIFICATION

Assessment is ongoing by the instructor along with a multiple choice question paper, and a three year qualification will be issued to the learner, subject to assessment.

### NUMBERS

A maximum of 12 students can be accommodated on this course and all learners must be a minimum of 14 years of age.

### AGE LIMIT

Students must be a minimum of 14 years of age and a full HSE approved qualification can be offered to all, subject to assessment.

A student cannot claim the official title of 'Emergency First Aider in the Workplace' until they reach the age of 16, and then it is the employer's responsibility to ensure that the student is suitable for that role.

The certificate will expire as dated on the certificate, irrespective of age.