



## **DAY ONE**

**Module 1** Introduction

**Module 2** Introduction to defibrillation

**Module 3** Responsibilities

**Module 4** Primary survey

**Module 5** Secondary assessment

**Module 6** Resuscitation

**Module 7** Choking

**Module 8** AED functions

**Module 9** Defibrillation with an AED

**Module 10** Paediatric defibrillation

**Module 11** Safety measures

**Module 12** Course closure

## Level 2 Award in Cardiopulmonary Resuscitation & Automatic External Defibrillator



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### Module 1 Introductions

Module content:

- Tutor introduction (brief history)
- Housekeeping
- Course outline and details of the qualification
- The assessment process
- Learner introductions
- Administration

Module duration: 20 minutes

### Module 2 Introduction to defibrillation

Module content:

- Coronary Heart Disease statistics
- Heart attacks
- Ventricular fibrillation
- Definition of a defibrillator
- The odds of survival

Module duration: 20 minutes

### Module 3 Responsibilities

Module content:

- Arrival at the scene
- Casualty communication
- Priorities of First Aid
- Contacting the emergency services
- The clearing up process and preventing cross infection
- First Aid containers and their contents

Module duration 20 minutes

### Module 4 Primary survey

Module content:

- Safety
- Calling for help
- Assessing the levels of consciousness
- Opening the airway
- Checking for normal breathing

Module duration: 30 minutes

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### Module 5 Secondary assessment

Module content:

- Casualty assessment
- Top-to-toe survey
- Recovery position
- Action for a vomiting casualty
- Handover and reporting procedures

Module duration: 30 minutes

### Module 6 Resuscitation

Module content:

- Principles of cardiopulmonary resuscitation
- Current ERC Guidelines
- If trained assistance is available
- Alternative types of expired air ventilation
- Compression only CPR
- Use of face shields & masks
- Problems encountered during resuscitation
- Chain of survival

Module duration: 1 hour

### Module 7 Choking

Module content:

- Choking conscious adult
- Choking unconscious adult

Module duration: 20 minutes

### Module 8 AED functions

Module content:

- Variation of controls
- Features
- Embedded protocol
- Defibrillation algorithms

Module duration: 30 minutes

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### Module 9 Defibrillation with an AED

Module content:

- Setting up the AED
- Chest preparation
- AED pads
- Voice prompts
- Shocking the casualty
- CPR and defibrillation combined
- Recovery of casualty

Module duration 45 minutes

### Module 10 Paediatric defibrillation

Module content:

- Definition of paediatric
- Paediatric resuscitation
- Paediatric pads
- Protocol
- Module duration 20 minutes
- Module 11 Safety measures
- Module content Safety procedures
- Storage

Module duration: 20 minutes

### Module 12 Course closure

Module content:

- Multiple choice assessment paper
- Question and answer session
- Final administration

Module duration: 45 minutes